Section 2.—Geology*

North America comprises six main natural regions which are both physiographic and geological because the ages, kinds and structures of the underlying rocks determine the natures of the land surfaces. Knowledge of these regions is important because their geological characteristics have much influence on the suitability of different areas for such activities as agriculture, mining, petroleum production and sports, and contribute as well to the varied scenery of the country. The six regions are: the Canadian Shield, a vast area of ancient rocks that is mainly in Canada; the Interior Plains and Lowlands, the largest area of which extends throughout the mid-Continent from the Gulf of Mexico to the Arctic Ocean; the Appalachian Region, mainly in the United States but also forming an important part of Eastern Canada; the Cordilleran Region, extending along the entire west coast of the Continent; the Atlantic Coastal Plain along the eastern seaboard of the United States;

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